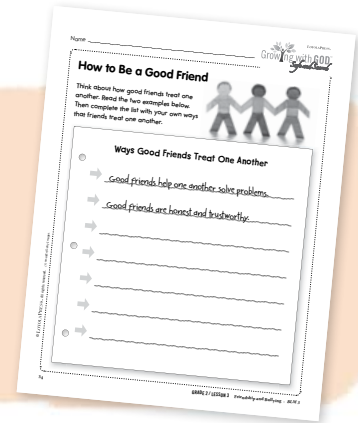


Friendship and Bullying

How to Be a Good Friend

Discuss with your child the qualities of a good friend. Ask your child to share what he or she wrote on the handout about ways good friends treat one another. Explain that Jesus teaches us to treat others the way we want to be treated.



Thanking God for the Gift of Friendship

During prayer time, invite your child to name some friends he or she is grateful for. Then pray a prayer thanking God for the gift of friends. Include the names of the friends your child mentioned. Begin and end the prayer by praying together the Sign of the Cross.



Being a Good Friend to Everyone

On your way to school or the bus stop, remind your child that God calls us to open our hearts to all his children. Ask your child if any children in class are sometimes left out or teased. Together think of ways your child might show respect and care for these children.

Getting Along with Others

When your child is feeling calm and settled, talk about how it is sometimes difficult to show love and respect, especially when we're upset. Explain that friends don't always get along but God can help us let go of bad feelings and open our hearts to other people. Suggest that your child take a moment to breathe and talk to God when he or she is upset.

Name _____

How to Be a Good Friend

Think about how good friends treat one another. Read the two examples below. Then complete the list with your own ways that friends treat one another.



Ways Good Friends Treat One Another



Good friends help one another solve problems.



Good friends are honest and trustworthy.

